News updates and resources for families

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February 2011

Our theme this month is “Feelings and Friends”; we will be learning about friendships and our feelings with a variety of activities. If you were not able to attend the parent meeting please bring any ideas or activities you would like to contribute in to me, I really appreciate your input! Check out our class calendar:

Calendar@Discoverschool .edu



Classroom news

New songs



We have been singing “Five Little Monkeys” ask your children to share this song with you. This song is great for building number awareness, fine motor and rhyming.

New foods



We tried “eggplant” for our new food last month.

This month we will be trying “asparagus” on the 14th, be sure to ask your child about this wonderful vegetable. Asparagus is low in calories and is very low in sodium. It is a good source of [vitamin B6](http://en.wikipedia.org/wiki/Vitamin_B6), calcium, magnesium and zinc, and a very good source of [dietary fiber](http://en.wikipedia.org/wiki/Dietary_fiber), protein, vitamin A, vitamin C.



Family of the week

A different family will be featured here weekly, during your families week you can come in to school and share your favorite food, games, family photos, pets or any other cultural things that make your family special. We will have your family featured on our family of the week bullitin board in class

.This week we are featuring the Smith family, Mom Shelly. Sister Jessica and Jerrad. Mom is a nursing student and she is going to come in to class on the 15th at 10:00am and let the children listen to their hearts, she will take blood pressures and heights and weights. THANKS SMITH FAMILY!

Literacy update

We have new name tags and are beginning “Daily Sign In” Children are enjoying finding and writing their names each morning! This will build their letter recognition and fine motor skills.



Parent Involvement

**February 14th**  We will have a Family Tea Party at 8:00am. Your children are very excited to prepare this fancy event.

**February 12th** 10:00-3:00 We will host a “Fatherhood” conference, this is free for all fathers uncles grandfathers or other men involvesd in the lives of children. It is free, lunch and childcare will be provided.

**February 21st** Parent meeting Here at 5:00pm, next months theme is “community helpers” so bring all your great ideas.

**The week of February 28-March 4** It is time for Parent teacher conferences. We will look at your child’s progress on their goals then update the goals we decide they have met. A calendar will be out by the sign in sheet please choose a time. If there is not an available time that works for you see me for special arrangements. Thanks, Cathy